

# CALL FOR PRESENTATION PROPOSALS

Casper College Counseling Services  
2025 WELLNESS CONFERENCE

Casper College Counseling Services is pleased to announce its 35th annual Wellness Conference, April 3<sup>rd</sup> and 4<sup>th</sup>, 2025, in the Gateway Building at Casper College. We are looking for members of the Wyoming prevention, treatment, and therapeutic communities to share their knowledge of various wellness-related issues with other professionals, students, and the general public.

## Tell Wyoming what you're doing!

We invite you to share ideas and strategies that have worked for you in facilitating change and encouraging wellness with individuals, groups, families, and communities. Presentations are 80 minutes in length April 3<sup>rd</sup>, and we have an opening for two half-day presentations on Friday, April 4<sup>th</sup> (Friday is set aside specifically for mental health professionals). Please see the other side of this form for possible topics if you do not have one in mind. If you are interested in providing a presentation, please complete the form below and email it/mail it to the address below. If you have questions, please feel free to contact me. **Deadline is February 7th, 2025.**

Name(s) \_\_\_\_\_ Agency \_\_\_\_\_

Address \_\_\_\_\_ Phone# \_\_\_\_\_

Email Address \_\_\_\_\_

Topic Title \_\_\_\_\_

Target Population (please circle):    Students    Professionals    Students & Professionals

Presentation length (please circle):    80 minutes    Half Day

Equipment needed (digital projector, DVD, flip chart, special accommodations, etc.)

\_\_\_\_\_  
Brief Description of Presentation (to be used in the conference program)

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\_\_\_\_\_  
\_\_\_\_\_  
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Short Bio (educational background, positions, etc.) with Credentials (MS, PhD, LPC, etc.)

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\_\_\_\_\_  
\_\_\_\_\_

Please mail or email to:

Erin Ford  
125 College Drive, UU 214  
Casper, WY 82601

Phone: (307) 268-2255

Fax: (307) 268-2020

Email: [erin.ford@caspercollege.edu](mailto:erin.ford@caspercollege.edu)

## POSSIBLE TOPICS FOR THE 2023 WELLNESS CONFERENCE

Below are several possibilities and suggestions from past conference participants. If there is something you want to learn about, or a topic you have requested, consider researching it and presenting it yourself! Our audience is always very presenter-friendly and encouraging. Please do not feel limited to these topics only.

Addictions issues (especially gambling addiction, porn/sex addiction)  
Addressing loneliness  
Adverse childhood experiences (ACES) - how to heal the effects  
Advocating for community change  
Anxiety (control issues with other people or oneself, solutions for fear & anxiety)  
Attachment  
Broaching multicultural differences in counseling  
Children/youth/adolescent mental health  
Communication (difficult conversations with clients, co-workers, supervision)  
Couples counseling  
Counseling people living with/being treated for cancer  
EMDR  
Family therapy  
Grief/loss  
Group counseling  
Holistic/non-traditional aids in wellness  
How to be an ally for marginalized and oppressed populations  
Importance of boundaries (ethically, in relationships)  
Imposter syndrome  
Mindfulness  
Motivational Interviewing  
Neurodivergence  
Psychopharmacology  
Self-care, self-compassion, and/or self-esteem, Sleep  
Social media impact on mental health  
Suicide prevention planning/policies for workplace (more next steps/level)  
Supervision (strategies for effective clinical supervision, navigating ethical issues)  
Therapeutic use of self-disclosure  
Telehealth  
Trauma  
Wellness related topics  
Working with the geriatric community (access to healthcare, dementia, depression)  
Working with high-risk clients/those who have lower compliance i.e. schizophrenia  
Working with indigenous persons  
Working with LGBTQ populations  
Working with Veterans